

# Bowie Cheer Tryout Information

*Forms need to be turned in by April 8th*

**Dates:** April 11<sup>th</sup>- 14<sup>th</sup>

**Time:** 4:00-6:00 pm

**Where:** Girls Gym

**Attire:** All candidates will need to try-out in a solid white t-shirt and black shorts. All white shoes are suggested.

## **What papers are required by FBISD Athletics before a student can tryout....**

1. **Athletic Physical – Signed, dated, and stamped by a doctor**
2. **Online Forms** – You must go to <http://fortbendis.rankonesport.com> and fill out ALL the following forms...
  - 1 **Coach/Student Communication Waiver**
  - 2 **Emergency Information Card**
  - 3 **FBISD Athletic Policies**
  - 4 **Insurance Notice**
  - 5 **UIL Acknowledgement of Rules**
  - 6 **UIL Concussion Acknowledgement**
  - 7 **UIL Steroid Agreement**
  - 8 **UIL Sudden Cardiac Arrest Awareness**
3. **Cheer Forms** – from cheer packet

**What will be tested** - All eligible candidates will individually perform a cheer, jumps and tumbling skills before a qualified panel of judges. The candidates will perform a dance with one/two other candidates. The candidates will learn try-out material from the 8<sup>th</sup> grade cheerleaders and be supervised by the sponsor the week of the try-out clinic.

**Game Days:** ---Attendance is **MANDATORY!**

---Football & Basketball Events

---Only one event per week

---Game calendar will be sent home once it has been posted

**Practice Days:** First Semester: Wednesdays from 4:00-6:00 P.M.

**Attendance:** Practices and Games are mandatory. There will be consequences for missing practices and meets. Do not tryout if you cannot be at practice.

Thank you for your interest in our Cheer Program and good luck at try-outs,  
JBMS Cheer Coaches