

# JAMES BOWIE

Middle School

# 2016-2017 Cheerleading Try-Out Packet!!



\*Please read everything carefully. If you have any questions contact Lynsey Wallman or Kelsie Meier at [lynsey.wallman@fortbendisd.com](mailto:lynsey.wallman@fortbendisd.com) and [Kelsie.meier@fortbendisd.com](mailto:Kelsie.meier@fortbendisd.com)

# Try-Out Information

**Requirements:** Cheerleaders must meet and maintain specific Texas Education Agency and Fort Bend Independent School District academic eligibility standards for each group. Candidates may not have received more than *two* failing nine weeks grades during the current school year, through the third nine weeks grade report. Students may not try out if they have a current “incomplete” in any course.

Student conduct in and out of the classroom must be commendable. An accumulation of two (2) or more “Unsatisfactory” or “Needs Improvements” during the current school year will cause a student to be ineligible for tryouts.

**Physicals:** Each student must have a physical on file *with the sponsor* before they will be permitted to attend the clinic; one is included in this packet. If a physical is currently on file with the athletic department, a copy must be obtained by the student.

**The Try-Out Process:** All eligible candidates will individually perform a cheer, jumps and tumbling skills before a qualified panel of judges. The candidates will perform a dance with one/two other candidates. The candidates will learn try-out material from the 8<sup>th</sup> grade cheerleaders and be supervised by the sponsor the week of the try-out clinic.

**What to wear:** All candidates will need to try-out in a solid white t-shirt and black shorts. All white shoes are suggested.

**Clinic:** There will be a 3-day clinic April 11<sup>th</sup>-April 13<sup>th</sup> from 4:00-6:00 p.m. Parents are responsible for picking up students *on time*.

**Try-Outs:** April 14<sup>th</sup> from 4:00-6:00 p.m. Try-outs are closed to friends and family.

Our first meeting as a new squad will be on **Wednesday, April 20th, at 4:15 p.m.** in Ms. Wallman's room, 725. Parents and new cheerleaders must plan to attend. The sizing for uniforms and camp clothes will take place at the meeting! ☺  
Also, at the meeting a minimum payment of \$250, the 1<sup>st</sup> installment, is required.  
(\*\*\*Returning cheerleaders will be responsible for a minimum of \$200 at this time.\*\*\*)

**2016-2017 Cheerleading Tryouts  
Judging Form**

Please Rank from 1-5, 5 being the highest.

Candidate's Number	Stage Presence/ Poise	Spirit & Enthusiasm	Motion Technique	Voice Projection	Jumps and Tumbling	Dance	Knowledge of Stunts	Total

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Judge's Initials

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# Cheerleading Candidate Checklist

**All paperwork is due by April 1st.** Candidates will not be permitted to participate unless all required documents are signed and returned by April 1<sup>st</sup>, **NO** exceptions. Packets may be submitted prior to the deadline and can be turned in to the front office of JBMS, Ms. Wallman or Ms. Meier.

**Please staple the following items in order behind this sheet.**

- Application
- Financial Responsibilities
- Physical
- FBISD Emergency Information Form
- FBISD Athletic Policies
- UIL Illegal Steroid Usage Form
- Copy of 2<sup>nd</sup> 9 weeks Report Card

Please verify and sign below stating that you received, read, understand and agree to **all** parts of the documents included in the packet.

\_\_\_\_\_  
Parent/Guardian Printed Name

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Candidate's Printed Name

\_\_\_\_\_  
Candidate's Signature

\_\_\_\_\_  
Date

# Application for Cheerleading TRYOUTS

My child, \_\_\_\_\_ has my permission to be a cheerleader for the 2016-2017 school year. I understand that he/she must abide by the rules and regulations set forth by the advisor and principal, and must also be present for all practices and games. I have read the rules and regulations and understand that the violation of any rules may lead to temporary or permanent suspension from the squad. I understand that all forms must be completed by **Friday April 8<sup>th</sup>**, or my child will *not* be permitted to tryout. I understand that my child must attend all practices (unless excused by the advisor) and tryouts, or my child will not be considered for a cheerleading position.

I understand that my child will be evaluated by qualified judges, and agree to abide by the decision of the judges.

I understand all costs involved as stated in the financial responsibilities.

I understand by the very nature of the activity, cheerleading and gymnastics carry a risk of physical injury. No matter how careful the participant and coach are, the risk cannot always be eliminated. The risk of injury includes minor injuries such as muscle pulls, dislocation, and broken bones. The risk also includes catastrophic injuries such as permanent paralysis or even death from landing or falls on the back, neck, or head. I understand these risks and will not hold FBISD or any of its personnel responsible in the case of an accident or injury at any time.

\_\_\_\_\_  
Parent/Guardian                      Date

\_\_\_\_\_  
Parent/Guardian                      Date

I am interested in being a cheerleader for the 2016-2017 school year. I understand the risks stated above and have read the rules and regulations. If selected, I promise to abide by the rules set forth by the advisor and principal. I promise to cooperate and follow instructions of the cheerleading coach.

\_\_\_\_\_  
Student Signature                      Date

## Student Information:

Home Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Grade next year: \_\_\_\_\_

## 2016-2017 Cheerleading Squad Financial Responsibility

There is a **\$750** base fee for *new* squad members and **\$500** for *returning* squad members. This fee may be paid at one time or in installments and includes cheer camp, camp and game day attire, APEX cheer instruction, and competition costs. \*Additional costs may occur for competition. At the time of the uniform and camp fitting, additional items will be presented to purchase. These items are not required and are not included in the base price.

The financial installment plan is as follows for **new** squad members;

April 20th (first squad meeting)	Installment 1- \$250
May 5 <sup>th</sup>	Installment 2- \$250
May 19 <sup>th</sup> **Must be paid in full at this time!	Installment 3- \$250

The financial installment plan is as follows for **returning** squad members;

April 20th (first squad meeting)	Installment 1- \$200
May 5 <sup>th</sup>	Installment 2- \$150
May 19 <sup>th</sup> **Must be paid in full at this time!	Installment 3- \$150

**\*\*Payments will only be accepted by cash or money order.**

By signing below I, \_\_\_\_\_ parent of \_\_\_\_\_  
 Agree to the financial responsibility of the 2016-2017 cheerleading squad. I understand that failure to submit payment may result in a cheerleader's removal from the squad.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**\*\*Cheerleaders will participate in two fundraisers per year to assist with costs of competition and other events.\*\***

**Physical Form:** Available Separately at  
<http://bowieathletics.weebly.com/cheerleaders>

Fort Bend I.S.D.

**EMERGENCY INFORMATION FORM**

*(This form must accompany the Athlete on team trips.)*



Athlete's Name: \_\_\_\_\_ Campus: Travis

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Grade (2012-2013): \_\_\_\_\_

Home Address: \_\_\_\_\_ Social Security #: \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone #: (\_\_\_\_) - \_\_\_\_\_ - \_\_\_\_\_ Subdivision: \_\_\_\_\_

Allergies: YES / NO If YES, What Type: \_\_\_\_\_

Medications YES / NO If YES, What Type / Dosage):

\_\_\_\_\_

Physician: \_\_\_\_\_ Office Phone#: (\_\_\_\_) - \_\_\_\_\_ - \_\_\_\_\_

Medical Health Insurance Coverage: YES / NO If YES, What Type: HMO / PPP / OTHER

Insurance Provider: \_\_\_\_\_

Parents(s)/Guardian(s): \_\_\_\_\_

Father's Work #: (\_\_\_\_) - \_\_\_\_\_ - \_\_\_\_\_ Pager/Cell Phone #: (\_\_\_\_) - \_\_\_\_\_ - \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Mother's Work #: (\_\_\_\_) - \_\_\_\_\_ - \_\_\_\_\_ Pager/Cell Phone #: (\_\_\_\_) - \_\_\_\_\_ - \_\_\_\_\_

Place of Employment: \_\_\_\_\_

**PARENT / GUARDIAN PERMIT WAIVER:**

If, in the judgement of any representative of the schools, the said student should need immediate care and treatment as a result of an injury or sickness, I do hereby request, authorize, and consent to such care and treatment as may be given said student by any physician, athletic trainer, nurse, or school representative, and I do hereby agree to indemnify and save harmless the school and any school representative from any claim by any person whomever on account of such care and treatment of said student.

\_\_\_\_\_

Signature of Parent / Guardian

\_\_\_\_\_

Date



ATHLETIC POLICIES FOR THE STUDENT ATHLETE  
FORT BEND ISD

Participation in the athletic program and/or University Interscholastic League contests is not a right but a

**PRIVILEGE.** No student is required to take part in the contest or activities. Therefore, it is imperative that all students taking part in the program understand the rules and policies set forth in the FBISD extracurricular handbook and the athletic code. The coaches of the sport or activities and the athletic director shall have every right to remove this privilege

### **ON THE FIELD OR COURT**

The athlete must never use profanity or resort to illegal tactics. He/she must learn that both winning and losing are part of the game and that you have to be a good loser as well as a gracious winner. Temper fits, flagrant violations of rules, etc., will not be tolerated. Total respect to officials is an absolute must. The coach will handle discussions of calls made by officials. Any behavior contrary to the above mentioned or any other act, which is not conducive to good sportsmanship, may result in removal from the contest and possible expulsion from the team.

### **ATHLETIC GROOMING CODE**

Participation in competitive athletics is completely voluntary on the part of all students. To participate in athletics in Fort Bend Independent School District, there are certain standards, which must be maintained, one of which is acceptable grooming. Specific standards are necessary for the following reasons:

1. **SAFETY:** It is almost impossible to get a safe fit in football helmets if the hair is exceptionally long.
  2. **HEALTH and HYGIENE:** Facial cuts or lacerations are more susceptible to infection and first-aid is more difficult to administer when facial hair is present.
  3. **UNIFORMITY:** Athletes do much traveling to other towns, communities, schools, restaurants, etc., as representatives of the Fort Bend Independent School District; therefore, they should be groomed in a manner that our community, school, and sponsors will be proud of. Every piece of equipment worn by the athlete should be identical to his team members with the exception of shoes. Shoes must be the same color if different.
  4. **SELF-DISCIPLINE:** One of the rewards of being an athlete is learning discipline. There is no better way to acquire self-discipline than to make sacrifices. Giving up fads of dress and appearance is a very small sacrifice. Ear and nose rings on an athlete, anytime your attire is representing your school on or in a FB facility/property is prohibited, even out of your season.
- NOTE: violations of the above standards of grooming may result in suspension and possible expulsion from the team.

### **CONDUCT**

#### **1. SUSPENSION FROM SCHOOL**

If an athlete is suspended from school for any reason; he/she will be ineligible during the period of suspension. A second suspension in the same school year may result in the total expulsion from athletics for the remainder of the school year. This also includes on campus suspension such as Detention Hall.

#### **2. DISRESPECT TO TEACHER OR COACH**

Any act of disrespect by an athlete to his teacher, coach, or member of school administration will be handled on an individual basis. Punishment may call for expulsion from all athletic activities for a calendar year from date of incident. His/her return would be determined by his conduct during period of expulsion.

#### **3. CLASSROOM BEHAVIOR**

Athletes who are habitual problems in the classroom and receive repeated poor conduct grades may be suspended from a team on a temporary basis or permanently if the problem continues.

### **ADDITIONAL SUBJECTS OF IMPORTANCE**

#### **\*\*\*SCHOOL EQUIPMENT**

1. The athlete is financially responsible for all equipment checked out to him/her. Wearing or using this equipment for personal use will not be allowed. Equipment must not be abused. It must be returned clean and in good condition

#### **\*\*\*QUITTING/REMOVAL FROM TEAM.**

Athletes quitting or removed from a team will:

1. Forfeit his award for the sport.
2. Not be allowed to participate in another sport until the season of the sport quit or removed from is completed.
3. Athletes quitting off-season program of one sport may not enter same type of program for another sport.

#### **\*\* PRACTICE REGULATION**

1. A coach must be consulted ahead of time if any athlete must miss a practice or game. Missing a game or practice without permission may result in suspension from the team.
2. Obey all rules set up by the coach.
3. Profanity will not be tolerated.
4. **Poor effort will not be tolerated.**

### **TRAVEL**

All athletes in middle and senior high schools represent the community, school, and coaches. Therefore, it is expected that all will dress in an acceptable manner on trips and conduct themselves in a manner in keeping with the athletic codes; Violations may result in suspension and possible expulsion from the team or program.

1. Be on time for all trips or be left at school.
2. Dress neatly as directed by coach.
3. Be mannerly in restaurants.
4. Each athlete is responsible to return his equipment to the proper keeping place at school.
5. All athletes making the trip on the bus will return on the bus unless in an emergency type situation or when parents are present and there is good reason for returning ~with parents. The proper form must be filled out by the student and signed by his or her parents prior to the trip if they are to return with their parents.
6. Athletes are never to return with anyone other than on the bus or their own parents.

ACKNOWLEDGMENT OF RULES

Parent or Guardian's Permit

I hereby give my consent for the above student to compete in University Interscholastic League approved sports, and travel with the coach or other representative of the school on any trips. It is understood that even though the athlete whenever needed wears protective equipment, the possibility of an accident still remains. Neither the University Interscholastic League nor the high school assumes any responsibility in case an accident occurs I have read and understand the University Interscholastic League rules on this form and agree that my son/daughter will abide by all of the University Interscholastic League rules- The undersigned agrees to be responsible for the safe return of all athletic equipment issued by the school to the above named student. If in the judgment of any representative of the school, the above student needs immediate care and treatment as a result of any injury or sickness, I do hereby request, authorize, and consent to such care and treatment as may be given to said student by any physician, trainer, nurse, hospital, or school representative; and I do hereby agree to indemnify and save harmless the school and any school representative from any claim by any person whomsoever on account of such care and treatment of said student.

GENERAL INFORMATION

Students shall not be required to play on a non-school team as a prerequisite to playing on a school team. Team sport off-season regulations permit students to participate on non-school teams provided there is no involvement of school coaches who coach in grades 7-12 in your school attendance zone. An exception is made for baseball and softball. School coaches may coach nonschool baseball and softball teams provided no more than 6 incoming 10th- 12th grade students from that coach's school attendance zone are on the team. Students other than those who will be in their second, third or fourth year of high school may attend one summer camp in each team sport in which a 7th -- 12th grade coach from their school attendance zone works with them. Each type of these sports camps is limited to no more than six consecutive days. Students shall not attend football camps where contact activities are permitted. Students may not attend invitation only camps

GENERAL ELIGIBILITY RULES

According to UIL, standards, students are eligible to represent their school in interscholastic activities if they:

- \* are less than 19 years old on September 1 preceding the contest.
- \* have not graduated from high school
- \* are full-time, day students in the school, and have been in regular attendance at the school since the 6th class day present school year, or have been in regular attendance for 15 or more calendar days before the contest or competition, are in compliance with state law and rules of the State Board of Education (No Pass, No Play)
- \* are enrolled in a four year, normal program of high school courses, and initially enrolled in the 9th grade not more than 4 years ago nor in the 10th grade not more than 3 years ago,
- \* were not recruited,
- \* did not represent a college in a contest,
- \* are not in violation of the Awards Rule,
- \* live with their parents inside the school district attendance zone their first year of attendance or have been in attendance at the school for one calendar year,
- \* have not moved for athletic purposes,
- \* have not accepted money or any other valuable consideration for teaching or participating in any sport, have not been paid for allowing their name to be used for the promotion of any product, plan or service relating to any UIL activities
- \* were eligible according to the fifteen day rule and the residence rule prior to district certification,

Dear Parent/Guardian:

Your son/daughter has indicated an interest in one or more of the Fort Bend Independent School District athletic teams. We feel that participation in sports is important in the growth and maturation of our students. Such participation develops physical skills and fitness, team cooperation, mental concentration, competitive spirit, sportsmanship and leadership. These qualities will serve your son/daughter throughout his/her life. Our coaching staff is looking forward to working with your son/daughter this school year. All athletes will be coached, instructed, and conditioned to compete at the peak of their abilities and to have a positive, rewarding team experience. Along with the competition and effort to acquire excellence is the reality of possible injury. Each coach is aware of the dangers and will make every effort to prevent injuries. With proper safety practices, injuries can be kept to a minimum, and most will be minor. However, major injuries can occur. We demand nothing but the best in instruction and care for our athletes. When the sport dictates it, we are striving to see that each participant is protectively equipped. The coaching staff will actively teach and practice safety as well as impart the value of physical fitness as a means of safety protection. If there is information about your son's/daughter's health and well being his/her coach should be aware of, please contact the coach prior to participation. Please indicate with your signatures below that you and your son/daughter understand the possible risk of injury (minor or major) present in athletic participation, and return to your sons/daughters coach. We are looking forward to an enjoyable and safe year for all our students in all programs. May I take this opportunity to wish your athlete success.

Sincerely,  
Keith Kilgore  
Athletic Director

I have read and understand the FBISD student athlete policies, rules and letter from the Athletic Director and agree that my son/daughter and I will abide by all the Fort Bend ISD policies.

Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Athlete \_\_\_\_\_